

One Day Interdisciplinary National Conference
on

“Drug Addiction-A Main Problem Of Indian
Society In Current Scenario”

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Drug Addiction: Causes, Symptoms and Possible Remedies

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Abstract:-

People start using drugs to escape reality or to mask pain in life. Young children start taking drugs as fashion, out of curiosity, as a part of their adventurous behaviour and as something to do different from others. Gradually, the addict becomes so habitual and dependent on drug that he cannot imagine life without the use of drug. Once our body becomes dependent on drugs, it stops functioning in natural course which leads to the loss of health. Drug addiction occurs from genetic and environmental factors. Many abnormal and unpredictable changes occur in the behaviour of a person when he gets addicted. The causes of drug addiction are in human behaviour, so are its remedies. Of course, the willingness of the addicted person is necessary to get rid of this disastrous evil, the greatest remedy being 'Prevention is better than Cure'.

Key Words: Drug, drug addiction, health, peers, symptoms, moral values.

Introduction:-

Drug addiction has come forward as a dangerous social evil today. Of course, it has been existing in human society from times immemorial. However, today it has become a great problem worldwide, particularly among youths. Majority of teenagers fall prey to different types of drugs and stimulating medicines leading to narcotic effects. Various types of drugs are used in various forms and make the drug addict drug-dependent. Their lives are spoiled in all aspects, as they suffer from the loss of family, healthy life and social surroundings. According to the World Health Organisation, drug abuse is a state of periodic, chronic intoxication, detriment to the individual and to the society, produced by repeated consumption of drugs either natural or synthetic. As Oxford Advanced Learner's Dictionary defines it, 'drug addict' means a 'person who cannot stop taking harmful drugs'.

The term 'Drug' means not only medicine, but fatal narcotics with various specifications having evil effects on mind, heart and body cells of the addicts. Initially drugs are taken voluntarily, but gradually the addict becomes so habitual and dependent on drug that he cannot imagine life without the use of the drug. It further leads to physical and psychological dependence on drugs with a tendency to take more and more drugs. People start using drugs to escape reality or to mask pain in life. However, as they go on taking drugs at regular intervals, the quantity increases and they feel need of more and more doses of drugs; they need drugs just to keep themselves normal.

The over use of all types of drugs has affected many people all over the world. There are various types of drugs including narcotics, depressants, stimulants, hallucinogens and cannabis-cocaine, meth, marijuana, crack, heroin, opium, morphine, bhang, hashish, LSD, mescaline, khat, codeine, tobacco, gutkha and liquor. They are all available throughout the globe. Out of these drugs like heroin, LSD, morphine, cocaine, etc. are very costly and cannot be afforded by every common person. Some drugs like bhang, hashish, tobacco and liquor are comparatively cheaper and are taken by low-income group people. All of these drugs are equally harmful for the human body and dangerous for future of the youths. Once our body becomes dependent on them, it stops functioning in natural course which leads to loss of health. For example, the over